Why Our Work Matters

Our community-based programs are designed to educate and empower. They work to remove barriers to mental health care, increase public awareness, and address the unmet needs of underserved populations in key sectors of the community - in schools, the workplace, the judicial system, in faith communities and in the arts.

Fellowships and Awards

Recognizing and supporting current and future leaders in psychiatry

Fellow: Saul Levin, M.D., M.P.A, F.R.C.P.-E, FRCPsych

Ex-Officio Appointed Members: Members:

APA Foundation Board of Directors

Chair of the Board, APAF

Saul Levin, M.D., M.P.A., F.R.C.P.-E, FRCPsych

APAF Board Chair

Richard Summers, M.D., M.P.H. M.D., M.P.H.

APA Past President

Vivian Pender, M.D., Michelle Durham, P.M.H. M.D., M.P.H.

APA President-Elect

Nicole Del Castillo, Petros Levounis, M.D., M.A Nicole Del Castillo, Petros Levounis, M.D.

APAF Board Chair

The Center for Workplace Mental Health

Financial Report

2022 Revenue Sources

Sponsorships & Contributions 46%

Educational 22%

Public Education 12%

Funding 28%

Grants & Operations 22%

Support Services 24%

Library & Archive 4%

Fellowships & Awards 20%

Professional Education 15%

Research 20%

Physician Education Research 15%

APA Fellowship Alliance

Allsite

Academia

Alkermes

Aspire

Assena

Bausch Health

Boehringer Ingelheim

Cerevel

Compass Pathways

Endless

Greenwich Biosciences

Indivior

J&J

Janssen

Lambrecht

Lundbeck

Myriad

Neurocrine

Otsuka

PEZ

Poor Therapeutics

Sage

Sanofi

Sapient

Sunesis

Supernus

Takeda

Takeda

Thank You from our Board Chair & Executive Director

A mentally healthy nation for all, where we live, learn, work, worship and play.

We are so grateful to the providers, researchers, the APA and APAF Administration and their respective Boards of Directors, partners, and donors for supporting our ongoing efforts to make this vision a reality. Throughout 2022, the American Psychiatric Association Foundation (APAF) focused its efforts to support providers who worked tirelessly day in and day out to provide quality care and advance research so that patients and their families can pursue treatment and recovery. Our work could not be achieved without the generous support from donors and partners like you who enable us to expand psychiatric research, provide educational opportunities and implement community-based outreach initiatives.

To see the Foundation’s 2022 impact, turn the page and look inside. A few highlights include:

• The Foundation’s vast fellowship program had its largest class in history with 78 total fellows and is considered the premier professional development platform among psychiatrists.

• With funding from the Bravio of Heart Grant, the Center of Workplace Mental Health team has launched Frontline Connect, online resource for leaders of hospital and health systems to learn about innovations and success stories from peer institutions that have made mental health services more accessible for their healthcare workforce.

• In an exciting opportunity, the Notice. Talk. Act. at Schools Team – has been awarded a 5-year grant from SAMHSA to expand the dissemination of the Notice. Talk. Act. “at School Program to schools in need in Los Angeles County, CA, Atlanta, GA, Iowa, Pontiac, MI, and Brooklyn, NY.

With our success over the past year, we are excited to share our plans for 2023:

• The Foundation will be launching “Mental Health Care Works: the first of its kind, multi-year, multimedia ‘positive’ messaging public health campaign around mental health awareness and action. This campaign reinforces the message that mental health is treatable and encourages people who are struggling to take that first step toward feeling better.

• The Foundation has embarked on a strategic planning process to design a blueprint for sustainable growth and success. We are eager to communicate our path for success with you in the months ahead.

• We accepted 15 new residents for our Fellowship Program, which is the largest entering class in the history of the program. This number includes 13 resident trainees for the new Community Diversity Leadership Fellowship cohort.

Thank you again for your continued support, time and leadership.

With hope and gratitude,

Saul Levin, M.D., M.P.A., F.R.C.P.-E, FRCPsych

CEO and Medical Director, APA

Chair of APA Board, APAF

Rawle Andrews Jr., Esq

Executive Director, APAF

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For more information or to make your 2023 gift, please visit apafdn.org or TEXT APAF2023 to #44321

IMPACT REPORT 2022

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The APAF Center for Workplace Mental Health

Notice Talk Act* at Work

20 Employers implemented Notice Talk Act* at Work, impacting the mental health and well-being of 104,651 employees nationwide. The *Stepping Up Initiative recommends this training for others.

Frontline Connect: Mental Health for the Healthcare Workforce

The Brave of Heart Fund awarded APAF’s Center for Workplace Mental Health a multi-year grant for the development of Frontline Connect, a resource for leaders of hospital and health systems to learn about innovations and success stories from peer institutions that have made mental health services more accessible for their healthcare workforce. Visit FrontlineConnect.org today.

New High Impact Resources and Training

In 2022, the Center for Workplace Mental Health released:
• Building Resilient at Work (Infographic)
• Self-Care Toolkit

These resources can be found at workplacementalhealth.org.

Mentally Healthy Nation

The Mentally Healthy Nation podcast featured candid conversations with experts through 17 new episodes. The full-podcast series is available.

Public Service Announcements (PSA)

APAF launched its new “Mentally Healthy Nation” public service announcement (PSA) campaign, 54,778,620 gross impressions.

Resources

For more free public resources from Mentally Healthy Nation, visit mentalhealthynation.org.

Schools

SAMSHA awarded APAF a 5-year grant expanding the dissemination of the Notice, Talk, Act* at School Program to schools in Los Angeles County, CA, Atlanta, GA, Iowa, Portland, OR, and Miami, FL with a potential to impact over 850,000 students.

Notice, Talk, Act* at School

The Notice, Talk, Act at School program delivered training to 13 schools in NY, CA, MA, WI, and the US Virgin Islands impacting 1,100 staff members and over 7500 students. In collaboration with the APAF School Fellows Workgroup, a resource for Supporting the Mental Health of Refugees, Students was released to help school staff and mental health professionals support refugees.

Fellowships

The Sozosei Foundation awarded APAF a two-year, $250,000 grant in support of the APA/APAF Diversity Leadership Fellowships.

2022 in Numbers

• 176 Fellows in the 2021-2022 cohort
• 62 Posters & Sessions Presented by the Next Generation of Leaders in Psychiatry

Melvin Sabshin, MD Library and Archives

The Melvin Sabshin Library & Archives recognized Native American Heritage Month in November with a library exhibition highlighting the history of psychiatric care in indigenous/native populations. The display showcased historical photos of hospitals and patients as well as publication, book, and newspaper clippings. These artifacts gave the viewer insight about the history of mental health care services within these communities.

History of Psychiatric Care in Indigenous/Native Communities: American Indian, Alaska Native and Native Hawaiian

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Research

The 2022 Research Collaborative selected 37 mentees from diverse backgrounds, including Senate-identified awards from Brazil, France, and Mexico, and added 42 new mentors to their programs, that expand training and diversity in the global psychiatric pipeline.

Thanks to new funding and a partnership with Medical Technology Enterprise Consortium (MTEC), the APAF added a Military and Veteran Mental Health research cohort comprised of 3 mentees and 4 mentors.

Global Impact

The APAF awarded Languages of Care a $20,000 multi-year grant from its Ukraine Disaster Relief Fund. This grant will specifically support Languages of Care’s work to translate and provide mental health-related resources and supports in Ukraine.