2017 ANNUAL REPORT

Building a Mentally Healthy Nation For All Because We Care
Building a Mentally Healthy Nation For All

Because We Care
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The year 2017 was unforgettable. It was a year of intense political and social upheaval in which many of the painful divisions in our society were laid bare. And yet, it was also a year in which challenges were met and calls to action were answered, and people of all backgrounds came together to work toward a better future. In these complicated times, our vision at the American Psychiatric Association Foundation (APAF) of building a mentally healthy nation for all is more important than ever.
Last year you showed us just how committed you are to that vision. We rang in our 25th Anniversary with a record-breaking benefit in May at the APA Annual Meeting in San Diego that raised critical funds. Thanks to our donors, we were able to exceed our goal for the Annual Fund for the year.

When wildfires swept through California and natural disasters wreaked havoc in the Gulf states and devastated Puerto Rico, our friends and donors stepped up and contributed to our newly created Disaster Relief Fund. More than $30,000 was raised between September and December, benefitting the American Red Cross and CrearConSalud, a nonprofit organization focused on improving mental health in Puerto Rico and helping with disaster relief efforts.

While we are working to advocate for mental health across the nation, we are also bolstering the field of psychiatry. As the philanthropic arm of the APA, we work closely with the APA to fund programs that promote diversity and health equity, clinical training and research. Core programs and initiatives, including the Typical or Troubled?® school mental health program and initiatives found within the Center for Workplace Mental Health, have also undergone rigorous evaluation so we can extend our impact further into your communities.

As we look to the future, we must also take steps to preserve psychiatry’s rich history. In 2018 we will open the state-of-the-art Melvin Sabshin, M.D. Library & Archives at our new Washington, D.C. headquarters. In the coming year, we also plan to expand our public awareness initiatives (including a new website www.apafdn.org) and fuel innovative approaches to community mental health issues through psychiatric grants and fellowships.

For those who have supported our efforts over the last 25 years, thank you. Together, we have made a real difference. We hope you will join us as we continue our progress into an exciting and prosperous future.

Sincerely,

Daniel Gillison, Jr.
Executive Director
APAF

Saul Levin, M.D., M.P.A.
Chair, APAF
CEO/Medical Director, APA
25th Anniversary

As the oldest medical specialty society in the United States, APA is approaching its 175th anniversary. In 1991, the Board of Trustees began the process of creating a charitable foundation chartered to develop public and professional activities to advance education and research in psychiatry, psychiatric illness and related mental health subjects, and to promote the treatment of psychiatric illness. In 1992, the American Psychiatric Foundation (later renamed the American Psychiatric Association Foundation) was founded as a 501(c)(3) charitable organization. The rest is history, and in 2017 APAF celebrated its 25th anniversary and the incredible impact it has made to the benefit of psychiatry and public mental health awareness.

Major Events & Milestones in 2017

Our Programs Recognize and Promote the Importance of Mental Health: Where You Live, Work, Learn and Worship

Some of our overall milestones include the following:

- **75,000** school personnel have been trained to recognize the early signs of mental illness and substance abuse in their students through the Typical or Troubled® program.
- Over **900** judges have been educated on behavioral health issues that they may experience in the courtroom by psychiatric leaders through the Judges and Psychiatrists Leadership Initiative.
- More than **45,000** employers have received resources from the Center for Workplace Mental Health to promote early recognition, access to care and effective treatment in the workplace. (workplacementalhealth.org)
- **400+** counties have passed resolutions to reduce the number of people living with mental illnesses in their jails, in support of the Stepping Up Initiative. (stepuptogether.org)
- **$360,000** in Helping Hands grants have been awarded to medical students, funding mental health programs that benefit their communities.
- **1,750** psychiatric residents and early career psychiatrists have been financially supported and recognized through 25 awards and 8 fellowships offered annually.
APAF’s graphic portrays programs working towards a mentally healthy community
As part of our 25th anniversary, APAF’s Board of Directors embarked on a strategic planning initiative. A new vision and mission statement was approved, as well as a roadmap for the future:

**Vision and Mission Statement: A Mentally Healthy Nation for All**

As a 501(c)(3) charitable organization, APAF administers programs—ranging from meeting the chronically unmet needs of minority populations to conducting innovative research that contributes to the scientific base of psychiatric practice, to increasing public awareness and removing barriers to mental health care—that change lives. When combined, the programs and initiatives of APAF support our vision of **building a mentally healthy nation for all.**

**OUR MISSION IS TO:**

- Raise awareness and overcome barriers,
- Invest in the future leaders of psychiatry,
- Support research and training to improve mental health care, and
- Lead partnerships to address public challenges in mental health.
Annual Benefit

On May 20th, 2017, a record-breaking 421 guests were welcomed for the event in San Diego at the APA Annual Meeting, which raised vital funds for our 2017 Annual Fund. Members of the Board of Directors, psychiatrists from across the country, industry colleagues and others gathered to enjoy wine tasting, hors d’oeuvres, live music, and more at the beautiful San Diego Wine & Culinary Event Center. Thank you to everyone who helped make it our most successful benefit to date—celebrating 25 years with so many APAF friends was a true highlight of our year.

Dwight Evans, M.D., APAF Board Member, Saul Levin, M.D., M.P.A., Chair of the Board, APAF, and CEO/Medical Director, APA, and Louis Kraus, M.D., APAF Board Treasurer, at the benefit in San Diego

TOP: Ravi Navin Shah, M.D., M.B.A., Altha Stewart, M.D., and Elie Aoun, M.D. attend the benefit
BOTTOM: The venue for the 2017 benefit
Disaster Relief

We know that when disaster strikes, having immediate food, care and supplies can lessen the trauma. As a mental health organization, we understand that this basic support can reduce some of the emotional trauma that each individual, family and community experiences.

In 2017 we experienced above-normal hurricane activity, wildfires and incredible devastation, with 16 major weather and climate events. More than $306 billion in damage was caused by these natural disasters—the largest amount ever recorded in one year. In the wake of these storms, there were many phases to disaster response and APAF was proud to provide professional, financial and strategic support to nonprofit organizations throughout the many phases of recovery in federally designated disaster areas.

After Hurricane Harvey hit in late August, APAF sprang into action. After creating a new Disaster Relief Fund, APAF began promoting the Fund to APA members and looking for established nonprofit partners that could use the funds for mental health services. APAF selected the American Red Cross as a partner, which operates the *Disaster Mental Health Volunteer Program* that trains mental health professionals - including some APA members - on disaster response and embeds them in disaster locations. After Hurricanes Irma and Maria devastated Puerto Rico in September, APAF also allocated funds to CrearConSalud, a nonprofit organization created by a group of Puerto Rican psychiatrists living in the United States who travel to Puerto Rico to assess community mental health needs and promote mental health awareness on the island.
JUMPING INTO ACTION

When disaster strikes, it takes the efforts of many to help recover and rebuild. After APAF established the Disaster Relief Fund to help respond to Hurricane Harvey and the subsequent disasters, several APA members and groups immediately stepped in to lend a hand.

2017/2018 Speaker of the Assembly, Dr. Theresa Miskimen, and 2018/2019 Speaker-Elect, Dr. James (Bob) Batterson, turned the November 2017 Assembly reception in Washington, D.C., into a fundraiser for disaster relief, raising over $12,000 in just 90 minutes.

The New York County Psychiatric Society’s November bowling night was dedicated to the Fund and brought 30+ donors.

Additional leadership gifts and generous contributions were designated to the fund, which raised over $33,000+ in just under four months.

BELOW LEFT: Josh Morganstein, M.D., APA Disaster Committee member and trauma expert, Saul Levin, M.D., M.P.A., Chair, APAF, and CEO/Medical Director, APA, Daniel Gillison, Jr., Executive Director, APAF, present two checks to Linda Mathes, CEO, American Red Cross/D.C.

BELOW RIGHT: Altha Stewart, M.D., President-Elect, APA, Daniel Gillison, Jr., Executive Director, APAF, and James (Bob) Batterson, M.D., 2018/2019 Speaker-Elect, APA, celebrate the unprecedented giving to the Disaster Relief Fund at the Assembly Reception.
Office Move to 800 Maine Avenue, SW, in Washington, D.C.

As of January, 2018, we will have arrived in our new headquarters along with the APA. Our office has moved from Rosslyn, Virginia, to the newly developed “Wharf” area in southwest Washington, D.C.. The move provides closer proximity to Capitol Hill, as well as to key medical specialty groups and mental health partners. The space also allows for the installation of a rare books and artifacts room, which will be designed and maintained by APAF. It is the most comprehensive collection of psychiatry-related artifacts in the United States, with some books dating back to the 1400s. Soon, the library will be open to APA members, with key pieces from the collection on display. APAF will also be launching an Adopt-a-Book program for individuals interested in supporting the digitization of the collection and preserving these rare and special artifacts located in the Melvin Sabshin, M.D. Library & Archives.


BOTTOM RIGHT: Darcy Gruttadaro, J.D., Director of the Center for Workplace Mental Health, and Lilia Coffin, Program Coordinator APAF, utilizing the natural light that the building offers during a meeting.
“I am incredibly proud and grateful to be a volunteer for the American Red Cross. I currently serve as a mental health specialist on the Disaster Mental Health team. The Red Cross offers its volunteers enormous flexibility in training, location and time commitment. I have had opportunities to deploy to disaster areas nationally as well as provide outreach to home fire survivors locally.

My volunteer experience has helped me grow as a provider and, I hope, as a person. I am continually humbled by the enthusiasm, dedication and selflessness of my fellow volunteers. There is a global shortage of psychiatrists and this need is only amplified during a disaster. The Red Cross has made addressing the mental health of those it serves a priority and psychiatrists are in a unique position to help with this effort.

Every contribution made by APA members and the APA Foundation, whether time or money, is needed and appreciated.”

APA Member Sherifa Iqbal
M.D., FAPA, FASAM
On the Road with APAF

An extension of APAF’s mission is to advocate and spread the word about the important mental health awareness programs we offer. Members of APAF administration and supporters are regularly “on the road,” presenting fundraising, and collaborating with other mental health and nonprofit organizations to advance the role of the APA and psychiatry across the country.

BELOW LEFT: Lilia Coffin, Program Coordinator APAF, and Kimberly O’Donnell, Chief of Philanthropy APAF, sign in runners at the 2nd Annual APAF Fun Run at San Diego’s APA Annual Meeting

BELOW RIGHT: Kimberly Gordon, M.D., President of the APA Caucus of Black Psychiatrists, presents the Solomon Carter Fuller Award to Damon Tweedy, M.D. at Duke University
Daniel Gillison, Jr., Executive Director, APAF, and Meaghan Gilmore, National Association of Counties attend the Stepping Up California Summit

Daniel Gillison, Jr. Executive Director, APAF, welcomes attendees to the National Alliance of Healthcare Purchaser Coalitions’ Mental Health Summit in Denver, Colorado on April 25, 2017. In background: Michael Thompson, CEO, National Alliance and Donna Marshall, Executive Director, Colorado Business Group on Health

The Center for Workplace Mental Health holds its final Advisory Council meeting of 2017. Darcy Gruttadaro, J.D., Program Director, shares the Center’s strategic framework with its 11 advisory council members and guests. In this picture (r to l), Paul Pendler, Psy.D., John Tumeh, M.D., Pat Purdy, Peggy Hill and Steven Pflanz, M.D.
APA member Kenneth Certa, M.D. and Deborah Shoemaker of the Pennsylvania Psychiatric Society stand outside the APAF booth at the APA Assembly Meeting in November, 2017.

Amy Porfiri, M.B.A., Deputy Director, APAF, talks with Theresa Miskimen, M.D., APA Assembly Speaker, at the Assembly Reception in Washington, D.C.

Daniel Gillison, Jr. Executive Director, APAF, and Kristin Kroeger, Chief of Policy, Programs and Partnerships, APA, at the National Alliance of Healthcare Purchaser Coalitions’ Mental Health Summit in Denver, Colorado on April 25, 2017.
Fred Osher, M.D. leads a panel discussion to incorporate perspectives from family and people with lived experiences during the 2017 Pennsylvania Stepping Up Summit. Pictured from Left: Tracy Carney, Senior Recovery/Resiliency Specialist, Community Care Behavioral Health, Montour County, Connie Randall-Grant, Director, Main Link Forensic Peer Support Program, Bradford County, Elizabeth Woodley, Forensic Peer Support Project Specialist, PA Mental Health Consumers’ Association, Westmorland County, Stephen Durant, Veteran Affairs Manager, Erie United Methodist Alliance, Erie County, Fred Osher, M.D., Director of Health Systems and Services Policy, Council of State Governments Justice Center

A packed breakout session at the Stepping Up California Summit

Christopher Seeley, M.S.W., Program Director for School and Justice Initiatives, APAF, traveled to Arizona to attend the Stepping Up County Peer Exchange with staff from our partner organizations National Association of Counties and Council of State Governments Justice Center
Programs that Recognize and Promote Mental Health: Where You Live, Work, Learn and Worship

Center for Workplace Mental Health

For the Center for Workplace Mental Health, APAF’s largest program, 2017 proved to be a year of exciting growth and transition. Highlights included a new name, new website, new leadership, increased outreach and visibility, and continued implementation of our programs. As the Center continues to grow, our vision remains the same: to be the leading organization and voice on workplace mental health.

New Name: In August, APAF announced the name change from the Partnership for Workplace Mental Health to the Center for Workplace Mental Health. The Center’s name reflects our growth and importance to employers. It also conveys the diverse range of activities the Center is leading.

New Leadership: The Center welcomed its new Director, Darcy Gruttadaro, in 2017. Darcy joined the Center with 17 years of senior leadership experience at the National Alliance on Mental Illness.

Increased Outreach and Visibility: Our strategy in expanding our reach and impact includes a new resource-rich website, distributing our monthly Mental Health Works online publication, presenting at and participating in national conferences, and collaborating with innovative leaders who also work to improve mental health across the country.
Four employer case studies were featured in *Mental Health Works* in 2017 from the following companies:

- EY (45,000 employees)
- Garmin (11,500 employees)
- Puget Sound and Energy (2,900 employees)
- TiER1 Performance Solutions (200 employees)

In addition, three topics of great interest to employers were featured in *Mental Health Works* and added to *Mental Health Topics* on the Center’s new website:

- Posttraumatic Stress Disorder
- Anxiety
- Workplace Bullying

“A healthy company culture is built intentionally. It is about fostering a workplace that embraces a health promotion program that includes both physical and mental health.”

Barbara Ricci, Managing Director at Deutsche Bank and Co-Board President of NAMI-NYC Metro

In 2017 the Center participated in 30 conferences focused on employee mental health and well-being, and co-hosted three major events. Our team collaborated with the National Alliance of Healthcare Purchaser Coalitions on a Mental Health Summit in April, 2017 in Denver, Colorado. Thought leaders from across the country attended, shared best practices and discussed opportunities for collaboration to address stigma and access to quality mental health care. The Center also co-hosted a mental health summit for employers with an employer-based coalition in Ohio. The third event took place in New York in collaboration with an employer coalition and focused on challenges and strategies related to the disclosure of mental illness in the workplace.
Programs for the Workplace: The Center offers employers turn-key programs to raise awareness and encourage employees to seek mental health care when needed.

- **ICU**—A 5-minute video, teaching employees about mental health and appropriately connecting with distressed colleagues, is the core component of the ICU Program. In 2017 our team released a second video with the same message but conveyed with different characters. Employers can choose the video that best fits their workforce. The two videos have received over 6,000 views by employers.

- **Right Direction**—Right Direction focuses on depression and was developed through a partnership between the Center for Workplace Mental Health and Employers Health, a national healthcare coalition based in Ohio. By providing employers with support, tools and resources, this initiative reduces the stigma associated with depression, which is a leading cause of lost productivity in the workplace. In 2017 Right Direction received nearly 6,000 program downloads by employers.
Early Intervention for Youth Makes All the Difference

The *Typical or Troubled?* school-based mental health program trains school personnel on how to NOTICE the early warning signs and symptoms of mental illness, how to TALK to students about the importance of mental health and how to ACT in making appropriate mental health referrals to school counseling leads.

In 2017 we took the year to use program evaluation data from previous years to craft an update for the program’s curriculum and corresponding materials. A newly hired Program Director, Christopher Seeley, M.S.W., was charged to oversee and manage this process, working cross-departmentally with the APA Division of Research, APA Division of Education and a group of key expert stakeholders to develop new content and launch a pilot program. This team plans to implement the revised *Typical or Troubled?* professional development program in Fall 2018.
Faith Can Foster Treatment: Mental Health and the Faith-Based Community

Because religion and spirituality often play a vital role in healing, people experiencing mental health concerns often turn first to a faith leader.

That’s why we teamed up with psychiatrists and faith leaders to create the Mental Health and Faith Community Partnership. This collaboration is aimed at fostering a dialogue between the two fields, reducing stigma and accounting for medical and spiritual dimensions as people seek care.

From the success of this partnership, we have been able to create a resource for faith leaders to reference as a starting point in the discussion on mental health and wellness with their congregants and communities. Mental Health: A Guide for Faith Leaders has been distributed to over 3,000 faith leaders to date. The guide is available for purchase or as a free download by visiting www.psychiatry.org/faith.
Working Together: Psychiatry and the Judiciary

As leaders in their respective fields, judges and psychiatrists are in a unique position to champion initiatives that address the overrepresentation of people with mental illnesses who are involved in the criminal justice system—initiatives that would ultimately enhance people’s quality of life, improve public health, increase community safety and use public resources more effectively.

In 2017 the partnership between the Council of State Governments Justice Center and APAF produced four new print resources for judges and psychiatrists, as well as multiple in-person trainings. A dramatic increase in subscribers (300–2,500+) to the monthly e-newsletter was experienced, further solidifying the growing interest of the program from both specialties.

The Judges’ and Psychiatrists’ Leadership Initiative (JPLI) aims to stimulate, support and enhance efforts by judges and psychiatrists to improve judicial, community and systemic responses to people with behavioral health needs who are involved in the justice system by creating new tools and trainings—fostering a unique understanding of working with this unique population in both professions.

400 and Counting

An estimated 2 million people who have serious mental illnesses such as schizophrenia, bipolar disorder and major depression—many of whom also have drug and alcohol use problems—are admitted to jails annually. Once incarcerated, people who have mental illnesses tend to stay longer in jail and are at a higher risk of re-arrest than people without these illnesses.

**Stepping Up**—a partnership between APAF, the Council of State Governments Justice Center, and the National Association of Counties asks counties to develop an action plan that makes more efficient use of budgets, promotes access to treatment and support services and encourages research-based and data-driven practices to drive down the number of persons living with mental illness and co-occurring substance use in jails.

Many states are developing new pathways to better manage the overcriminalization issue. In 2017 state and local leaders in Arizona, California, Iowa, Michigan, North Carolina, Oregon, Ohio and Pennsylvania hosted summits to strategize about how the Stepping Up framework could be implemented in counties across their states.
Lisa Harding, M.D., APA/APAF Diversity Leadership Fellow speaks to the group during the Opening Session of the All Fellows’ Orientation.

Daniel Gillison, Jr. and Christopher Seeley, M.S.W. visit with Stepping Up’s Fairfax County Sheriff Kincaid and staff at the county jail.

Christopher Seeley, M.S.W., Program Director for School and Justice Initiatives, APAF, moderates a break out session for behavioral health professionals during the 2017 Pennsylvania Stepping Up Summit.
Fostering Diversity in Psychiatry

The fellowship programs offer opportunities to work with Congress on health policy, conduct research, expand access to care for minority and underserved populations, focus on child psychiatry or substance abuse, and much more. Fellows take part in APA leadership councils and network with APA members and APA/APAF leaders from around the country. In addition, Fellows have unique opportunities outside of their fellowship to get involved with APA and APAF, including governance, programmatic, and publishing opportunities.

In September 2017, the APA Division of Diversity and Health Equity (DDHE) held its third APA/APAF All Fellows’ Orientation in conjunction with the September Components Meeting. The orientation brought together all fellowship program recipients and included presentations and talks from a special guest keynote speaker and APA/APAF leadership, followed by breakout sessions on topics such as advocacy, governance, education, partnership, mentorship, research, resilience leadership and APAF’s programs and initiatives.

DDHE also launched a Pilot Mentorship Program for second-year APA/APAF Fellows in 2017, with 22 inaugural Fellows. The program aimed to mentor Fellows in their transition from leaders as resident-fellow members to early career psychiatrists Selected Fellows were matched with fellowship alumni who are leaders in APA and APAF.

“I had a great experience at the All Fellows’ Orientation! I enjoyed meeting many leaders within the APA and colleagues in fellowship programs. I now see how I fit into a larger network of psychiatrists dedicated to advancing the field. The experience was invaluable and I am excited to represent APA’s future.”

Michael Langley-DeGroot, M.D., Current Fellow, APA/APAF Leadership Fellowship (1st year) Recipient
Building a Mentally Healthy Nation For All Because We Care

Qortni Lang, M.D., M.S., Rachel Talley, M.D., Matthew Goldman, M.D., and APA President, Anita Everett, M.D. at the All Fellows’ Orientation
Research at Work

APAF continues to work closely with the APA Division of Research to foster research in psychiatry and leverage the Research Division’s expertise in program evaluation. In 2017 we worked jointly to further strengthen the evidence-based nature of a number of APAF programs related to criminal justice, student mental health and workplace mental health.

In addition to supporting and funding existing research training programs for psychiatrists, such as the Research Colloquium for Junior Investigators, APAF sponsored a new research fellowship that officially commenced in July 2017: the 2-year APAF Psychiatric Research Fellowship. The fellowship provides funding for an early research career psychiatrist to design and conduct a health services-related or policy-related research study using national data housed at the APA.

Adrienne Grzenda, M.D., the inaugural Psychiatric Research Fellow, began her research project on suicidality in transgender populations under the guidance of her mentors at UCLA as well as APA Division of Research staff. Flanked by Phil Wang, M.D., Dr.P.H. and Diana Clarke, Ph.D., M.Sc.
HIGHLIGHTS OF THE YEAR:

Research Colloquium for Junior Investigations: The 1-day immersive research training and mentoring program continued in its effort to strengthen and diversify the psychiatric research workforce at the 2017 APA Annual Meeting, with 49 junior psychiatrist investigators—a 25% increase from 2016. The Colloquium has been in existence for over 20 years and has helped to mentor many leading senior researchers in psychiatry who now serve as mentors in the program.

Several enhancements were made to the 2017 Colloquium, such as the addition of new pre- and post-Colloquium webinars to extend the mentorship experience of the early research psychiatrists. Also, the program increased the number of statistics/methodology mentors to enhance the mentorship experience of the trainee. The program was co-sponsored by our partners, the American College of Neuropsychopharmacology and Society of Biological Psychiatry, and grant funding was provided by the National Institute on Drug Abuse.

Early Career Research Breakfast: A total of 56 early career psychiatrists attended the 2017 breakfast to further enhance their research experience.

BELOW: The attendees of the Early Career Research Breakfast at San Diego’s Annual Meeting
Clinical Training on Opioids and HIV

In 2017 APAF was a partner organization in two programs, formerly funded by SAMHSA: the Providers’ Clinical Support System for Medication Assisted Treatment (PCSS-MAT) and the Providers’ Clinical Support System for Opioid Therapies (PCSS-O). In September 2017 the PCSS-O and PCSS-MAT were combined into one program: the Providers Clinical Support System (PCSS).

The PCSS-MAT was a national training and mentoring project developed in response to the epidemic of opioid misuse and overdose deaths. The goal of the PCSS-MAT was to make effective, evidence-based medication-assisted treatment available to patients in a variety of settings, including primary care, psychiatric and pain management settings.

As a PCSS-MAT partner organization, APAF contributed support through live and archived webinars and the PCSS-MAT clinical mentoring program. Over 12,500 clinicians and mental health providers have participated in the webinars. Eight new webinars were completed in 2017. Each session is recorded and accessible without charge at the APA’s Learning Center website: www.apaeducation.org.

The PCSS-O was a national training program composed of a consortium of major stakeholders and consistency groups with interests in the safe, effective use of opioid medications. The project addressed the appropriate use of opioids in the treatment of chronic pain and the safe, effective treatment of opioid use disorder. As a PCSS-O partner organization, APAF offered webinars as well as online clinical vignettes with self-assessment.

The current transition to a joint PCSS program began in September 2017, when APA met with other members of the PCSS Steering Committee in Washington, D.C., for a strategy and direction meeting. The PCSS program plans to broaden its scope to include alcohol, tobacco and other topics related to substance use disorders, as well as expand resources on mental disorders and suicidality. In December, 2017, planning also began for a new grant in conjunction with the American Academy of Addiction Psychiatry for the SAMHSA-backed States’ Targeted Response to the Opioid Crisis. APA will continue to provide all past and current webinars,
poD.C.ast, online resources and clinical trainings, self-assessments, and clinical mentoring online via the APA Learning Center.

APAF also received funding from National Institute on Drug Abuse/SAMHSA to update the APA’s online Buprenorphine Prescriber Training course. Completion of the course qualifies clinicians to apply for a waiver to their Drug Enforcement Administration license and, thus, to provide office-based treatment of opioid use disorder with Buprenorphine. The APA now has three training formats for buprenorphine medication-assisted treatment: an in-person live training (hosted twice a year at the Annual Meeting and at IPS: The Mental Health Services Conference); the online course; and a textbook, published in the last quarter of 2017.

One of three formats that APA now provides on Buprenorphine treatment, this textbook titled Office-Based Buprenorphine Treatment of Opioid Use Disorder, was published in the final quarter of 2017.
Mental Health Care Provider Education in HIV/AIDS

APAF and the APA Office of HIV Psychiatry (OHP) provide training to thousands of clinicians on the management of patients with HIV through webinars, practice briefs and in-person trainings. The OHP works with the HIV Steering Committee to create educational materials that focus on HIV/AIDS and mental health.

In 2017 the OHP published briefs and hosted webinars throughout the year on pertinent and related topics, such as pre-exposure prophylaxis use. At the APA Annual Meeting in San Diego, California, in May, the HIV Steering Committee exhibited an exciting new medical education format—the Medical History Mystery Lab—which garnered a positive response from participants.

Six students were selected to participate in the APA HIV Psychiatry Elective, a 2-day intensive training, followed by placement at various clinical sites across the country, including Harvard University, University of Pittsburgh, Stanford University and Mount Sinai Hospital.
Financially Secure, Fiscally Prudent

Income from the endowment largely supports APA Foundation fellowships, professional achievement awards and public education programs. Any remaining revenue at year end is reinvested back into the endowment.
Corporate Giving

APAF is selective when working with the private sector—we want our corporate partners to share a dedication to advancing mental health care in the United States for everyone. Our Corporate Advisory Council (CAC) is made up of 19 leading companies working in the mental health space, and 2017 yielded our most successful meeting so far with 33 member company executives in attendance, learning more about the priorities and programmatic work of the APA and APAF.

2017 Corporate Advisory Council Members

FOUNDATION PATRONS
Alkermes
Janssen Pharmaceuticals, Inc.

GRAND PATRONS
Eli Lilly & Co.
Lundbeck
Otsuka America Pharmaceutical, Inc.
Purdue Pharma LP

PATRONS
ACADIA Pharmaceuticals
Allergan
Neurocrine Biosciences, Inc.
PhRMA
Shire US, Inc.
Sunovion Pharmaceuticals, Inc.
Takeda Pharmaceuticals USA, Inc.
Teva Pharmaceuticals USA, Inc.

SUSTAINING MEMBERS
Assurex Health
Intra-Cellular Therapies Inc.
Merck & Co.
NeuroStar TMS Therapy
Pfizer
Nonprofit Allied Partnerships

As a charitable foundation, we appreciate our long-standing relationships with many of our allied partners. In some cases, we participate in national meetings and/or support their programs and events. We also financially sponsor national initiatives. Strategic partnerships include the following:

• American Academy of Addiction Psychiatry
• American Association of Community Psychiatrists
• American College of Neuropsychopharmacology
• American Psychological Association
• Campaign to Change Direction
• Council of State Governments Justice Center
• Employers Health
• Kennedy Forum
• National Alliance on Mental Illness
• National Alliance of Healthcare Purchaser Coalitions
• National Association of Counties
• National Association of Social Workers
• National Council of Behavioral Health
• National Institute on Drug Abuse
• One Mind Initiative
• School Social Work Association of America
• Society of Biological Psychiatry
• Substance Abuse and Mental Health Services Administration

The Center, in collaboration with Employer Health, holds an Employer Summit in observance of World Mental Health Day on October 10, 2017. Pictured here: Cara Gilmore, from TiER 1 Performance Solutions, Marcas Miles, Employer Health, Ewuria Darley, from the Center for Workplace Mental Health, Nancy Spangler a presenter and consultant for the Center for Workplace Mental Health, and Collier Case, Sprint.
Multiplying a Shared Vision: Directors, Administration, and Volunteers

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Daniel Gillison, Jr., Executive Director

Lilia Coffin, Program Coordinator
Ewuria Darley, M.S., Associate Director, Center for Workplace Mental Health
Lindsey Fox, Development Officer, Corporate and Foundation Relations
Darcy Gruttadaro, J.D., Director, Center for Workplace Mental Health
Paige Jarrett, M.A., M.Sc., Gifts Officer, Annual Fund
Amy Porfiri, M.B.A., Deputy Director
Brittany Raymond, Executive Assistant to the Executive Director
Christopher Seeley, M.S.W., Program Director, School and Justice Initiatives
APAF financially supports the work of these APA divisions:

**Division of Research**
Philip Wang, M.D., Dr.P.H. *Director*

Harsha Amaravadi, M.P.H., *Program Evaluation Research Associate*
Keila Barber, M.H.S., *Assistant Project Manager*
Diana Clarke, Ph.D., M.Sc., *Deputy Director*
Seungyoung Hwang, M.S., M.S.E, *Senior Data Analyst*
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While 2017 was an exciting year celebrating APAF’s 25th anniversary, we are hard at work writing the next chapter in our history. At the start of 2018, we are focused on reaching more people than ever before without losing the core values that set our work in motion in 1992. There has never been a better time to get involved and show you care. Learn more at apafdn.org or contact us to chat with a member of our team: apafoundation@psych.org.
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